

Major Changes for Human Kinetics and Leisure Studies Programs

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New bachelor's degree structure at the School of Human Kinetics

With the mission of providing an interdisciplinary environment of academic excellence, the School of Human Kinetics restructured its human kinetics and leisure studies bachelor's programs in 2007. Beginning in September 2008, a new human kinetics bachelor's degree structure will take effect, and the leisure studies bachelor's programs will close (see the note below about leisure studies training).

The School's objective is to run two distinct undergraduate programs in human kinetics, that is, one geared to biophysical sciences (*Honours Bachelor of Science with Specialization in Human Kinetics*), and one emphasizing humanities and social sciences (*Honours Bachelor in Human Kinetics*). Both programs allow you to pursue master's studies in your respective field: the Master of Arts (M.A.) targets the humanities and social sciences, while the Master of Science (M.Sc.) concentrates on biomechanics, physiology and psychomotility. The new structure provides continuity in each program and thus makes your academic path all the easier to follow.

Finally, an important note about leisure studies: The School has maintained training in this specialty in the *Honours Bachelor in Human Kinetics* program, where the curriculum provides you with the knowledge, skills and experience you need for a career in leisure science.

Two bachelor's programs in human kinetics

Starting in September 2008, the School will offer two bachelor's degrees in human kinetics:

- The *Honours Bachelor of Science with Specialization in Human Kinetics* (B.Sc., 120 cr.), which focuses on biophysical sciences
- The *Honours Bachelor in Human Kinetics* (B.H.K., 120 cr.), which focuses on the humanities.

One of the added benefits of this structure is that it allows you to combine your main program with a 30-credit minor.

If you meet admission requirements, you can ask to have your current program modified to fit the new structure and, in the process, obtain a degree that meets the new requirements of your bachelor's program.

This Web site is designed to acquaint you with the new bachelor's structure and, especially, to help you assess how it will affect your academic progression at the Faculty. We suggest that you begin by visiting the *My Program* section, so you can explore the actual changes in our bachelor's degree structure.

Stand-alone leisure studies degree programs have been abolished

After examining our leisure studies programs in depth, the Undergraduate Studies Committee of the School of Human Kinetics recommended that the stand-alone programs in this area be abolished and instead be *integrated into our human kinetics bachelor's programs*.

In addition, though the bachelor's programs no longer exist, the *minor in leisure studies remains open*, but under a new structure as well (30 credits and more flexible course choices). You can therefore add it as a second field to any bachelor's program.

New admission requirements for both human kinetics programs (as of September 2008)

Given the new requirements in its human kinetics programs, the School has had to change its own admission requirements.

As a result, if you want to take the *Honours Bachelor of Science with Specialization in Human Kinetics (B.Sc.)*, you must have successfully completed these courses beforehand:

- *Français* or English 4U (or the equivalent)
- Biology 4U (or the equivalent)
- Calculus and vectors 4U (or the equivalent)
- One science course, chosen among chemistry 4U or physics (4U or 3U), or the equivalent

As an exception for the 2008-2009 academic year, we will consider your application for admission to the B.Sc. even if you're missing ONE of the prerequisites, provided you complete the course in question or its equivalent either before entering the restructured program or during your first year in it.

For the new honours bachelor in human kinetics, you have to successfully complete the following courses before gaining admission:

- Français or English 4U (or the equivalent)
- Mathematics 4U (or the equivalent)
- Two sciences courses selected among biology 4U, chemistry 4U or physics (4U or 3U), or the equivalent

My Program

A) Honours Bachelor of Science with Specialization in Human Kinetics

| Current Structure | | | New structure as of September 2008 | | |
|---|---|---|--|---|-----------|
| | 120 credits | | | 120 credits | |
| Degree requirements | | | Degree requirements | | |
| Passing grade for all courses: D | | | Passing grade for all courses: D | | |
| Cumulative grade point average: 4.5 | | | Cumulative grade point average: 4.5 | | |
| Diploma grade point average: 5.0 | | | Diploma grade point average: 5.0 | | |
| | | | | | |
| | | | Compulsory foundational courses (27 credits) | | |
| | | | Three credits from: | | |
| Compulsory general courses: | | | cr | | cr |
| ANP1105 | Human Anatomy and Physiology I | 3 | ENG1100 | Workshop in Essay Writing | 3 |
| ENG1100 | Workshop in Essay Writing | 3 | ENG1112 | Technical Report Writing | 3 |
| Three credits from: | | | Compulsory courses in Science | | |
| ENG1120 | Literature & Composition I: Prose Fiction | 3 | ANP1105 | Human Anatomy and Physiology I | 3 |
| ENG1121 | Literature & Composition II: Drama & Poetry | 3 | BIO1130 | Introduction to Organismal Biology | 3 |
| | | | BIO1140 | Introduction to Cell Biology | 3 |
| Three credits from: | | | CHM1311 | Principles of Chemistry | 3 |
| BIO1130 | Introduction to Organismal Biology | 3 | CHM1321 | Organic Chemistry I | 3 |
| BIO1140 | Introduction to Cell Biology | 3 | MAT1330 | Calculus for the Life Sciences 1 | 3 |
| BIO1300 | The Human Animal | 3 | PHY1321 | Principles of Physics 1 | 3 |
| CHM1311 | Principles of Chemistry | 3 | | | |
| CHM1321 | Organic Chemistry I | 3 | Three credits from | | |
| MAT1300 | Mathematical Methods I | 3 | ANP1107 | Human Anatomy and Physiology III | 3 |
| PHY1321 | Principles of Physics I | 3 | BIO2110 | Environmental Physiology | 3 |
| | | | BIO2133 | Genetics | 3 |
| | | | CHM2120 | Organic Chemistry II | 3 |
| Six credits from | | | | | |
| PSY1104 | Introduction to Experimental Psychology | 3 | Compulsory courses in Human Kinetics (39 credits) | | |
| PSY1102 | Introduction to Applied Psychology | 3 | APA1161 | Introduction to Biophysical Aspects of Human Movement | 3 |
| SOC1101 | Principles of Sociology | 3 | | | |
| SOC1102 | The Emergence of Sociology | 3 | APA1313 | Musculoskeletal Anatomy | 3 |
| | | | APA2114 | Biomechanical Analysis of Human Movement | 3 |
| Compulsory courses in Human Kinetics | | | APA2120 | Motor Control and Learning | 3 |
| APA1113 | History of Sport and Physical Activity in Canada | 3 | APA2140 | Introduction to the Psychology of Sport and Exercise | 3 |
| APA1161 | Human Movement | 3 | | | |
| APA1213 | Musculoskeletal Anatomy | 4 | APA2301 | Exercise Physiology 1 | 3 |
| APA2111 | Intervention Theories in Physical Activity | 3 | APA2314 | Laboratory Techniques in Exercise Physiology and Biomechanics | 3 |
| APA2124 | Nutrition and Health | 3 | | | |
| APA2134 | Administration of Sport, Physical Activity and Leisure Services | 3 | APA3120 | Psychomotor Behavior Laboratory | 3 |
| | | | APA3180 | Research Methods | 3 |
| APA2142 | Sociology of Sport and Physical Activity in Canada | 3 | HSS2381 | Measurement and Data Analysis | 3 |

| | | | | | |
|---------|--|----------|---------|--|-----------|
| APA2300 | Introduction to Methods and Techniques in Human Kinetics | 3 | | | |
| | | | | Six credits from | |
| APA2313 | Introduction to the Biomechanics of Human Movement | 4 | APA1122 | Health & Wellness: Leisure and Physical Activity Perspectives | 3 |
| APA2320 | Motor Skill Development of Human Movement | 3 | APA1302 | Sociology of Sport and Physical Activity | 3 |
| APA2345 | Wellness and Lifestyle | 3 | APA2111 | Intervention Theories | 3 |
| APA3122 | Physical Activity and Health | 3 | APA2134 | Administration of Sport, Physical Activity, and Leisure Services | 3 |
| APA3140 | Physical Activity and Sport Psychology | 3 | | | |
| APA3180 | Research Methods in Leisure and Human Kinetics | 3 | | Three credits from | |
| APA3304 | Ethics in Sport, Physical Activity and Health in Canada | 3 | APA4100 | Research Project | 3 |
| | | | APA4111 | Internship / Clinical Experience | 3 |
| APA3312 | Physiology of Physical Activity I | 3 | | | |
| APA3320 | Motor Control and Learning | 3 | | Optional Courses | |
| APA3335 | Active Living Through Fitness Training Methods | 3 | | 24 optional credits within the courses offered in the School of Human Kinetics from the following list with at least 21 credits taken from the 3000 level or more | 24 |
| HSS2381 | Measurement & Data Analysis | 3 | | | |
| | | | | LIST OF OPTIONAL COURSES | |
| | Three credits from: | | APA2121 | Nutrition and Health | 3 |
| APA4100 | Research Project | 3 | APA2991 | Éducation au plein air I (été) / | 3 |
| APA4111 | Internship / Clinical Experience | 3 | | Outdoor Education I (Summer) | |
| | | | APA3111 | Intervention Observation and Experimentation | 3 |
| | Electives | | APA3113 | Analysis of the Functioning of Sport and Physical Activity | 3 |
| | Eighteen credits from: | | | | |
| APA2091 | Éducation au plein air I (été) / | 4 | APA3114 | Exercise Physiology II | 3 |
| | Outdoor Education I (Summer) | | APA3116 | Principles of Coaching | 3 |
| APA2124 | Diet and Physical Activity | 3 | APA3121 | Human Motor Skill Development | 3 |
| APA3092 | Éducation au plein air II (hiver) / | 4 | APA3122 | Physical Activity and Health | 3 |
| | Outdoor Education II (Winter) | | APA3123 | Hockey and Canadian Culture | 3 |
| APA3111 | Intervention Observation and Experimentation | 3 | APA3124 | Diet and Physical Activity | 3 |
| APA3113 | Analysis of the Functioning of Sport and Physical Activity | 3 | APA3125 | Prevention and Care of Athletic Injuries | 3 |
| | | | APA3143 | Physical Activity and Community Health | 3 |
| APA3116 | Principles of Coaching | 3 | APA3142 | Sociology of Health in Canada | 3 |
| APA3123 | Hockey and Canadian Culture | 3 | APA3150 | Neural Control of Human Movement | 3 |
| APA3125 | Prevention and Care of Athletic Injuries | 3 | APA3311 | Musculoskeletal Biomechanics | 3 |
| APA3126 | Laboratory in Athletic Injuries | 4 | APA3324 | Techniques and Strategies in Sport | 3 |
| APA3142 | Sociology of Health in Canada | 3 | APA3991 | Éducation au plein air II (hiver) / | 3 |
| APA3143 | Physical Activity and Community Health | 3 | | Outdoor Education II (Winter) | |
| APA3150 | Neural Control of Human Movement | 3 | APA4101 | Anthropology of Sport and Leisure | 3 |
| APA3311 | Structural Biomechanics | 3 | APA4106 | Operational Methods in Leisure and Sport | 3 |
| APA3314 | Physiology of Physical Activity II | 4 | APA4112 | Political Economy of Sport and Physical Activity | 3 |
| APA3324 | Techniques and Strategies in Sport | 3 | APA4114 | Gender, Sport, and Physical Activity | 3 |
| APA4106 | Operational Methods in Leisure and Sport | 3 | APA4115 | Sport and Identities | 3 |
| APA4112 | Economic and Political Dimensions of Sport and Physical Activity | 3 | APA4116 | Applied Sport and Performance Psychology | 3 |
| | | | APA4120 | Supervision of Intervenors and Helping Relations | 3 |
| APA4114 | Equity as a Professional Issue in Physical Activity | 3 | APA4131 | Psychomotor Behavior: Current Trends | 3 |

| | | | | | | |
|--------------------|---|----|--|---|---|-----------|
| | and Health | | | APA4145 | Sport and Recreation Marketing | 3 |
| APA4115 | Sport and Identities | 3 | | APA4150 | Principles in Psychomotor Rehabilitation | 3 |
| APA4116 | Mental Training | 3 | | APA4160 | Fitness Testing and Exercise Prescription | 3 |
| APA4120 | Supervision of Intervenors and Helping Relations | 3 | | APA4313 | Exercise and Disease Prevention | 3 |
| APA4131 | Psychomotor Behavior: Current Topics | 3 | | APA4314 | Advanced Biomechanical Analysis of Human Locomotion | 3 |
| APA4145 | Sport and Recreation Marketing | 3 | | | | |
| APA4150 | Principles in Psychomotor Rehabilitation | 3 | | APA4315 | External Influences and Physical Activity | 3 |
| APA4313 | Exercise and Disease Prevention | 3 | | APA4320 | Advanced Coaching: Total Preparation in a Sport | 3 |
| APA4314 | Biomechanical Analysis of Physical Activity | 4 | | APA4323 | Selected Topics in Human Kinetics | 3 |
| APA4155 | External Influences and Physical Activity | 4 | | APA4900 | Études dirigées / Directed Studies | 3 |
| APA4320 | Advanced Coaching: Total Preparation in a Sport | 3 | | | | |
| APA4323 | Selected Topics in Human Kinetics | 3 | | 30 credits of electives or a minor | | 30 |
| APA4360 | Fitness Testing and Training | 4 | | | | |
| APA4900 | Études dirigées / Directed Studies | 3 | | | | |
| | | | | | | |
| | Ten credits (minimum) selected among courses offered outside the Faculty of Health Sciences and the School of Human Kinetics | 40 | | | | |
| | | | | | | |
| | Twelve credits¹ (minimum) selected among courses offered either inside or outside the School of Human Kinetics | 12 | | | | |
| | | | | | | |
| | Note: a three-credit elective will be replaced by BIO1109 for students who have not completed BIO 4U or its equivalent | | | | | |

B) Honours Bachelor in Human Kinetics (new program)

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|--|--|--|--|---|--------------------|
| | | | Honours Bachelor in Human Kinetics | | |
| | | | | | 120 credits |
| | | | Degree requirements | | |
| | | | Passing grade for all courses: D | | |
| | | | Cumulative grade point average: 4.5 | | |
| | | | Diploma grade point average: 5.0 | | |
| | | | | | cr |
| | | | Compulsory Foundational Courses (15 credits) | | |
| | | | ENG1100 | Workshop in Essay Writing | 3 |
| | | | Three credits from | | |
| | | | ENG1112 | Technical Report Writing | 3 |
| | | | ENG1120 | Literature and Composition I : Prose fiction | 3 |
| | | | ENG1121 | Literature and Composition II : Drama and Poetry | 3 |
| | | | Three credits from | | |
| | | | PSY1101 | Introduction to Experimental Psychology | 3 |
| | | | PSY1102 | Introduction to Applied Psychology | 3 |
| | | | Three credits from | | |
| | | | SOC1101 | Elements of Sociology | 3 |
| | | | SOC1102 | Emergence of Sociology | 3 |
| | | | Three credits from | | |
| | | | PHI1101 | Reasoning and Critical Thinking | 3 |
| | | | PHI1370 | Philosophical Issues in Health Care | 3 |
| | | | PSY1101 | Introduction to Experimental Psychology | 3 |
| | | | PSY1102 | Introduction to Applied Psychology | 3 |
| | | | SOC1101 | Elements of Sociology | 3 |
| | | | SOC1102 | Emergence of Sociology | 3 |
| | | | Compulsory courses in Human Kinetics (48 credits) | | |
| | | | APA1122 | Health & Wellness: Leisure and Physical Activity Perspectives | 3 |
| | | | APA1302 | Sociology of Sport and Physical Activity | 3 |
| | | | APA1313 | Musculoskeletal Anatomy | 3 |
| | | | APA2111 | Intervention Theories | 3 |
| | | | APA2120 | Motor Control and Learning | 3 |
| | | | APA2134 | Administration of Sport, Physical Activity and Leisure Services | 3 |
| | | | APA2140 | Introduction to Psychology of Sport and Exercise | 3 |
| | | | APA2302 | History of Sport, Physical Activity and Leisure in Canada | 3 |

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|--|--|--|---|--|-----------|
| | | | APA2312 | Physiology of Physical Activity 1 | 3 |
| | | | APA2315 | Introduction to the Biomechanics of Human Movement | 3 |
| | | | APA3118 | Recreation, Sport and Community Development | 3 |
| | | | APA3180 | Research Methods | 3 |
| | | | APA3301 | Ethics in Sport, Physical Activity and Health in | 3 |
| | | | | Canada | |
| | | | HSS2381 | Measurement and Data Analysis | 3 |
| | | | LSR1100 | Introduction to Leisure Studies | 3 |
| | | | | | |
| | | | Three credits from | | |
| | | | APA4100 | Research Project | 3 |
| | | | APA4111 | Internship/Clinical Experience | 3 |
| | | | | | |
| | | | Optional credits | | |
| | | | 27 optional credits (24 credits must be at the 3000 level or above, with at least 3 of these credits at the 4000 level). | | |
| | | | | | 27 |
| | | | LIST OF OPTIONAL COURSES | | |
| | | | | | |
| | | | APA2121 | Nutrition and Health | 3 |
| | | | APA2991 | Éducation au plein air I (été) / Outdoor Education I (Summer) | 3 |
| | | | APA3111 | Intervention Observation and Experimentation | 3 |
| | | | APA3113 | Analysis of the Functioning of Sport and Physical Activity | 3 |
| | | | APA3116 | Principles of Coaching | 3 |
| | | | APA3121 | Human Motor Skill Development | 3 |
| | | | APA3122 | Physical Activity and Health | 3 |
| | | | APA3123 | Hockey and Canadian Culture | 3 |
| | | | APA3124 | Diet and Physical Activity | 3 |
| | | | APA3125 | Prevention and Care of Athletic Injuries | 2 |
| | | | APA3142 | Sociology of Health in Canada | 3 |
| | | | APA3143 | Physical Activity and Community Health | 3 |
| | | | APA3150 | Neural Control of Human Movement | 3 |
| | | | APA3311 | Musculoskeletal Biomechanics | 3 |
| | | | APA3324 | Techniques and Strategies in Sport | 3 |
| | | | APA3991 | Éducation au plein air II (hiver) / Outdoor Education II (Winter) | 3 |
| | | | APA4101 | Anthropology of Sport and Leisure | 3 |
| | | | APA4112 | Political Economy of Sport and Physical Activity | 3 |
| | | | APA4114 | Gender, Sport and Leisure | 3 |
| | | | APA4115 | Sport and Identities | 3 |
| | | | APA4116 | Applied Sport and Performance Psychology | 3 |
| | | | APA4120 | Supervision of Intervenors and Helping Relations | 3 |
| | | | APA4131 | Psychomotor Behavior: Current Trends | 3 |
| | | | APA4145 | Sport and Recreation Marketing | 3 |
| | | | APA4148 | Organizational Development of Sport and Physical Activity | 3 |
| | | | APA4150 | Principles of Psychomotor Rehabilitation | 3 |
| | | | APA4160 | Fitness Testing and Exercise Prescription | 3 |

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|--|--|--|---|--|---|-----------|
| | | | APA4313 | Exercise and Disease Prevention | 3 | |
| | | | APA4320 | Advanced Coaching: Total Preparation in a Sport | 3 | |
| | | | APA4323 | Selected Topics in Human Kinetics | 3 | |
| | | | APA4900 | Études dirigées / Directed Studies | 3 | |
| | | | LSR1105 | Leisure in Canadian Society | 3 | |
| | | | LSR2110 | Leisure: Concepts and Values | 3 | |
| | | | LSR2118 | Recreation Program Development and Evaluation | 3 | |
| | | | LSR2121 | Recreation and Environmental Quality | 3 | |
| | | | LSR2122 | Tourism | 3 | |
| | | | LSR2135 | Recreation and Political Processes | 3 | |
| | | | LSR2312 | Principles of Leadership in Recreation | 3 | |
| | | | LSR3105 | Recreation Resources Conservation | 3 | |
| | | | LSR3107 | Leisure and Cultural Development | 3 | |
| | | | LSR3116 | Leisure Counseling | 3 | |
| | | | LSR3280 | In-School Recreation Mentoring for Youth at Risk | 6 | |
| | | | 30 credits of electives or a minor | | | 30 |

C) Honours Bachelor of Social Sciences in Leisure Studies

| Current Structure | | | New structure as of September 2008 | | |
|---------------------------------------|---|-----------|---------------------------------------|---|-----------|
| 120 credits | | | 120 credits | | |
| Degree requirements | | | Degree requirements | | |
| Passing grade for all courses: D | | | Passing grade for all courses: D | | |
| Cumulative grade point average: 4.5 | | | Cumulative grade point average: 4.5 | | |
| Diploma grade point average: 5.0 | | | Diploma grade point average: 5.0 | | |
| Compulsory first-year courses: | | | Compulsory first-year courses: | | |
| | | cr | | | cr |
| ENG1100 | Workshop in Essay Writing | 3 | ENG1100 | Workshop in Essay Writing | 3 |
| LSR1100 | Introduction to Leisure Studies | 3 | LSR1100 | Introduction to Leisure Studies | 3 |
| LSR1105 | Leisure in Canadian Society | 3 | LSR1105 | Leisure in Canadian Society | 3 |
| Three credits from: | | | Three credits from: | | |
| ENG1120 | Literature & Composition I: Prose Fiction | 3 | ENG1120 | Literature & Composition I: Prose Fiction | 3 |
| ENG1121 | Literature & Composition II: Drama and Poetry | 3 | ENG1121 | Literature & Composition II: Drama and Poetry | 3 |
| Other compulsory courses: | | | Other compulsory courses: | | |
| | | cr | | | cr |
| APA4100 | Research Project | 3 | APA2134 | Administration of Sport, Physical Activity, and Leisure Studies | 3 |
| LSR2110 | Leisure : Concepts and Values | 3 | APA3180 | Research Methods in Human Kinetics | 3 |
| LSR2121 | Recreation and Environmental Quality | 3 | HSS2381 | Measurement and Data Analysis | 3 |
| LSR2122 | Tourism | 3 | LSR2110 | Leisure : Concepts and Values | 3 |
| LSR2134 | Administration of Leisure Services | 3 | LSR2118 | Recreation and Program Development | 3 |
| LSR2184 | Research Methods I | 3 | LSR2121 | Recreation and Environmental Quality | 3 |
| LSR2312 | Principles of Leadership in Recreation | 3 | LSR2122 | Tourism | 3 |
| LSR3118 | Recreation Program Development | 3 | LSR2312 | Principles of Leadership in Recreation | 3 |

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|---|---------------------|----|--|--|-----------|
| LSR3184 | Research Methods II | 3 | | | |
| LSR4255 | Practicum | 6 | | Three credits from: | |
| | | | APA4100 | Research Project | 3 |
| Twenty-one credits in LSR | | 24 | APA4111 | Internship / Clinical Experience | 3 |
| Fifty-four credits of electives | | 54 | 27 optional credits from the list below (at least 3 credits must be at the 4000 level): | | |
| | | | APA3118 | Recreation, Sport and Community Development | 3 |
| | | | APA4101 | Anthropology of Leisure and Sport | 3 |
| | | | APA4114 | Gender, Sport and Leisure | 3 |
| | | | APA4145 | Sport and Recreation Marketing | 3 |
| | | | LSR2135 | Recreation and Political Processes | 3 |
| | | | LSR3101 | Special Topics in Leisure Studies | 3 |
| | | | LSR3105 | Recreation and Resources Conservation | 3 |
| | | | LSR3107 | Leisure and Cultural Development | 3 |
| | | | LSR3115 | Theory of Play | 3 |
| | | | LSR3116 | Leisure Counseling | 3 |
| | | | LSR3117 | Recreation and Selected Populations | 3 |
| | | | LSR3280 | In School Recreation Mentoring for Youth at Risk | 6 |
| | | | LSR3322 | Cultural Tourism | 3 |
| | | | LSR4108 | Development of Touristic Resources | 3 |
| | | | LSR4110 | Leisure and the Future | 3 |
| | | | LSR4131 | Recreation Site Design | 3 |
| | | | LSR4156 | Heritage Interpretation | 3 |
| | | | LSR4335 | Recreation and Open Systems Planning | 3 |
| | | | | | |
| Fifty-four credits of electives or minor | | | | | 54 |

D) Honours Bachelor of Arts with Specialization in Leisure Studies

| Current Structure | | | New Structure as of September 2008 | | |
|---------------------------------------|---|-----------|---------------------------------------|---|-----------|
| | 120 credits | | | 120 credits | |
| Degree requirements | | | Degree requirements | | |
| Passing grade for all courses: D | | | Passing grade for all courses: D | | |
| Cumulative grade point average: 4.5 | | | Cumulative grade point average: 4.5 | | |
| Diploma grade point average: 5.0 | | | Diploma grade point average: 5.0 | | |
| Compulsory first-year courses: | | | Compulsory first-year courses: | | |
| | | cr | | | cr |
| ENG1100 | Workshop in Essay Writing | 3 | ENG1100 | Workshop in Essay Writing | 3 |
| LSR1100 | Introduction to Leisure Studies | 3 | LSR1100 | Introduction to Leisure Studies | 3 |
| LSR1105 | Leisure in Canadian Society | 3 | LSR1105 | Leisure in Canadian Society | 3 |
| PHI1101 | Reasoning and Critical Thinking | 3 | PHI1101 | Reasoning and Critical Thinking | 3 |
| Three credits from: | | | Three credits from: | | |
| ENG1120 | Literature & Composition I: Prose Fiction | 3 | ENG1120 | Literature & Composition I: Prose Fiction | 3 |
| ENG1121 | Literature & Composition II: Drama and Poetry | 3 | ENG1121 | Literature & Composition II: Drama and Poetry | 3 |

| | | | | | |
|---|--|----|--|---|---|
| Three credits from : | | | Three credits from: | | |
| PHI1102 | Moral Reasoning | 3 | PHI1102 | Moral Reasoning | 3 |
| PHI1103 | Fundamental Philosophical Questions | 3 | PHI1103 | Fundamental Philosophical Questions | 3 |
| PHI1104 | Great Philosophers | 3 | PHI1104 | Great Philosophers | 3 |
| Other compulsory courses: (39 credits) | | | Other compulsory courses: (33 credits) | | |
| APA4100 | Research Project | 3 | APA2134 | Administration of Sport, Physical Activity, and Leisure Studies | 3 |
| HSS2381 | Measurement and Data Analysis | 3 | APA3118 | Recreation, Sport and Community Development | 3 |
| LSR2110 | Leisure : Concepts and Values | 3 | APA3180 | Research Methods in Human Kinetics | 3 |
| LSR2118 | Recreation Program Development and Evaluation | 3 | HSS2381 | Measurement and Data Analysis | 3 |
| LSR2121 | Recreation and Environmental Quality | 3 | LSR2110 | Leisure : Concepts and Values | 3 |
| LSR2134 | Administration of Leisure Services | 3 | LSR2118 | Recreation Program Development and Evaluation | 3 |
| LSR2135 | Recreation and Political Processes | 3 | LSR2121 | Recreation and Environmental Quality | 3 |
| LSR2136 | Recreation and Community Development | 3 | LSR2135 | Recreation and Political Processes | 3 |
| LSR2312 | Principles of Leadership and Recreation | 3 | LSR2312 | Principles of Leadership and Recreation | 3 |
| LSR3117 | Recreation and Selected Populations | 3 | LSR3117 | Recreation and Selected Populations | 3 |
| LSR3180 | Research Methods in Leisure and Human Kinetics | 3 | | | |
| LSR4255 | Practicum | 6 | Three credits from: | | |
| | | | APA4100 | Research Project | 3 |
| Six optional LSR credits | | | APA4111 | Internship / Clinical Experience | 3 |
| Nine optional LSR credits at the 3000/4000 level | | | 21 optional credits from the list below (at least 3 credits must be at the 4000-level): | | |
| | | 9 | APA4101 | Anthropology of Leisure and Sport | 3 |
| 48 elective credits | | | APA4114 | Gender, Sport and Leisure | 3 |
| | | 48 | APA4145 | Sport and Recreation Marketing | 3 |
| | | | LSR2122 | Tourism | 3 |
| | | | LSR3101 | Special Topics in Leisure Studies | 3 |
| | | | LSR3105 | Recreation and Resources Conservation | 3 |
| | | | LSR3107 | Leisure and Cultural Development | 3 |
| | | | LSR3115 | Theory of Play | 3 |
| | | | LSR3116 | Leisure Counseling | 3 |
| | | | LSR3280 | In School Recreation Mentoring for Youth at Risk | 6 |
| | | | LSR3322 | Cultural Tourism | 3 |
| | | | LSR4108 | Development of Touristic Resources | 3 |
| | | | LSR4110 | Leisure and the Future | 3 |
| | | | LSR4131 | Recreation Site Design | 3 |
| | | | LSR4156 | Heritage Interpretation | 3 |
| | | | LSR4335 | Recreation and Open Systems Planning | 3 |
| | | | 48 elective credits or minor | | |
| | | | 48 | | |

FREQUENTLY ASKED QUESTIONS

FOR CURRENT STUDENTS IN THE BACHELOR OF SCIENCE IN HUMAN KINETICS (B.Sc.)

1. Can I continue my course of studies in the Bachelor of Science in Human Kinetics and still meet the requirements of the program as they stood before the restructuring?

YES. Anyone already in the program and wanting to continue under the previous structure can very well do so. We simply want to acquaint you with a new program set-up that might be of interest to you.

Indeed, your current program structure stays as is, and you are in no way required to meet the requirements of the re-designed bachelor's program. Note, however, that the content or year level of some compulsory courses in your program may have changed (for instance, they may have gone from a 2000- to a 3000-level course, or vice versa), or that some of these courses may be discontinued. Refer to the tables in the *My Program* section to see exactly how the program has changed.

2. I prefer the new structure for the B.Sc. program; can I change my current program and meet the requirements of the new structure?

YES. Remember, however, that adopting the new structure meant we had to change the pre-requisites for admission. If you want to adjust your program to meet the new B.Sc. requirements, you need to have completed the new pre-requisites (see *New Admission Requirements* for details).

Nonetheless, as a special exception for 2008-2009, we will still consider your application if you're missing only ONE of these pre-requisites, provided you complete the course in question (or its equivalent) either before entering the restructured program or during your first year in it.

In addition, if you are now taking or have already taken MAT1730 / MAT1330, you are exempted from taking the 4U calculus and vectors pre-requisite (or the equivalent).

To change your program, you have to complete the program-change form and have it approved by the academic advisor (see *Changing Your Program* below). We suggest that you meet with your academic advisor if you need more details or if you want to double-check your eligibility.

3. I prefer the new program in human kinetics. Can I change my program to transfer into this new one?

YES. The admission requirements for the new **honours bachelor's degree in human kinetics** are the same as those you needed when you first applied to the School. Simply arrange to meet with your academic advisor if you need more details.

4. How do I go about changing my program?

Program changes for the fall of 2008 can be made as of March 2008. To obtain the program-change form, go to the Faculty's academic secretariat in room 232 of Montpetit Hall.

Your academic advisor will assess your file and then approve your request. Once approved, your program change appears on your academic record. Also, your Rabaska report will list the courses you have to take to meet the requirements of your new program, and you can then register for them as the need arises.

FOR STUDENTS REGISTERED IN THE LEISURE STUDIES PROGRAM

1. In September 2008, I'll be starting my second year in the three-year leisure studies program. Can I continue in that program?

YES. If you're already in the three-year leisure studies program, you can certainly complete it.

However, the content or year level of some compulsory courses in your program may have changed (for instance, they may have gone from a 2000- to a 3000-level course, or vice versa), or some of these courses may have been discontinued. Refer to the tables in the *My Program* section to see exactly how the program has changed.

2. In September 2008, I'll be starting my third year in the three-year program, which means I will meet the degree requirements by June 2009; can I continue as such and graduate with my degree in this program?

YES. If you're already in this three-year program, you can complete its requirements and graduate in June 2009.

Note, however, that the content or year level of some compulsory courses in your program may have changed (for instance, they may have gone from a 2000- to a 3000-level course, or vice versa), or that some of these courses may be discontinued.

Still, none of these changes will compromise your ability to graduate. We strongly recommend that you arrange to meet with your academic advisor so you can both double-check what you need to complete to get your degree in the spring of 2009. Refer to the tables in the *My Program* section to see exactly how the program has changed.

3. How much time do I have to meet the degree requirements of my three-year program and to apply for my diploma?

If you pursue your studies in your current program, without interrupting them for more than six consecutive sessions, you have a maximum of **twelve years** to complete the degree requirements and apply for your diploma.

In this case, the School may ask that you complete new courses so that you meet any updated program requirements during that period.

4. In September 2008, I'll be starting my third year in the three-year leisure-studies program, but I'd like to transfer then to the four-year program in its current format or structure. Is that possible?

NO, not in September 2008, because the old program structure will have come to an end, and only students currently registered in the four-year option can continue and graduate in that program.

5. In September 2008, I'd like to switch to the honours B.Sc. with specialization in human kinetics. Can I do that and, if so, how?

YES, you can. To switch to the B.Sc. in human kinetics, you must have completed the new pre-requisites (see *New Admission Requirements* for more details).

As an exception for the 2008-2009 academic year, we will consider your application for admission to the B.Sc. even if you're missing ONE of the pre-requisites, provided you complete the course in question or its equivalent either before entering the restructured program or during your first year in it.

In addition, if you are now taking or have already taken MAT1730 / MAT1330, you are exempted from taking the 4U calculus and vectors pre-requisite (or the equivalent).

To change your program, you have to complete the program-change form and have it approved by the academic advisor (see *Changing Your Program* below). We suggest that you meet with your academic advisor if you need more details or if you want to double-check your eligibility.

6. In September 2008, I'd like to switch into the new honours bachelor's degree in human kinetics. Can I do that and, if so, how?

YES, you can. To switch to the honours bachelor's program in human kinetics, you must have completed the new pre-requisites (see *New Admission Requirements* for more details).

To change your program, you have to complete the program-change form and have it approved by the academic advisor (see *Changing Your Program* below). We suggest that you meet with your academic advisor if you need more details or if you want to double-check your eligibility.

Changing Your Program

1. How do I go about changing my program of studies?

To switch from leisure studies to human kinetics

For the session beginning in September 2008: If you want to switch from your leisure studies program to the restructured human kinetics program (B.Sc. or new B.H.K.), you can begin the process in March 2008. You'll need to pick up the program change request form from the Faculty's academic secretariat in room 232 of Montpetit Hall.

Your academic advisor will assess your file and then approve your request. Once approved, your program change appears on your academic record. Also, your Rabaska report will list the courses you have to take to meet the requirements of your new program, and you can then register for them as the need arises.

2. How do I obtain my degree? (I plan to graduate with a bachelor's degree in leisure studies. Is that still possible?)

YES, you can graduate from your current bachelor's program in leisure studies *provided you registered for it no later than the session beginning in January 2008*, and as long as you don't change your program of studies after.

If you pursue your studies in your current program, without interrupting them for more than six consecutive sessions, you have a maximum of **twelve years** to complete the degree requirements and apply for your diploma.

In this case, the School may ask that you complete new courses so that you meet any updated program requirements during that period.

MORE DETAILS

1. I'd like to learn more about the restructuring, my options and the effects all this has on my 2008-2009 course selection. Who can brief me on this? Is there a Web site detailing the program structure and all the options we have?

We suggest you explore this site in depth, because it has all the info you need to better understand the new program structure and, especially, to assess how the changes might affect the rest of your studies at the School of Human Kinetics. For instance, the site lists all new program

requirements, explains the new bachelor's degree structure, and contains comparison charts that compare the old requirements with the new.

Note that under the new structure taking effect in September 2008, you have to choose between APA4100 *Research Project* and APA4111 *Internship / Clinical Experience* (3 cr.).

If you need to discuss this at greater length, by all means, make an appointment with your academic advisor. She can certainly answer all of your questions.